

# Research Study on a Virtual Parent-led Support Group for Parents of Youth with an Eating Disorder

*Are you the parent of a child or adolescent with an eating disorder?*

*Would you be interested in being part of a research study on a support group led by parents with similar experiences?*

**This group may help you learn skills and obtain helpful resources about how to support your child, receive support for yourself, and be part of a community of parents just like you.**

The National Initiative for Eating Disorders (NIED), Reach Out Centre for Kids (ROCK), Danielle's Place, and McMaster University all invite you to take part in a province-wide study that will evaluate the benefits of a parent-led support group for parents of youth with an eating disorder.

## What would I have to do?

- Attend virtual parent-led support group sessions twice a month over the course of six months
- Complete questionnaire packages related to caregiver burden, needs, and self-efficacy
- Complete an interview about your experience in the group

## How do I get involved?

If you are interested, please click [here](#) or contact the study research assistant below.

**If you have any questions or would like to learn more, please contact:**

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**Currently Recruiting!**



Awareness. Understanding. Action.



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Ontario Centre of Excellence  
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mentale des enfants et des adolescents

This study has been reviewed by the Hamilton Integrated Research Ethics Board under Project #12703.  
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