



## Early registration open for first-ever three-day virtual conference on Body Image and Eating Disorders

(July 3, 2019 – Toronto) Non-profit organizations **Body Brave** and the **National Initiative for Eating Disorders (NIED)** have teamed up to present **Body Peace 2019** - a first-of-its-kind body image and eating disorders **virtual** conference taking place from **October 4 to 6** this year. The theme for this year's conference is *Lived Experience is Evidence Too*. **Early bird registration** for the conference is **NOW open until July 30**.

The Body Peace 2019 conference, hosted on the virtual platform Zoom, is designed to challenge barriers, embolden conversation, and equip people with the tools needed to create lasting change in their lives.

The conference will feature accredited training sessions for healthcare professionals including dietitians, family physicians and social workers, panel discussions, keynote speakers, live chats and much more. The three areas of primary focus are innovation, representation, and collaboration. The *Innovation* segment will highlight innovative clinical and non-clinical approaches, fresh ideas, and new perspectives in the realm of body image and disordered eating. The *Representation* module will feature the powerful and diverse voices of those with lived experience, caregivers, and clinicians. Day three will focus on *Collaboration* and the myriad ways we can all collaborate to break down stigma and promote empowering approaches to healing. Many topics will be discussed over the three days that range from "Eating Disorders and sexuality", "treatment for adults", disabilities and Eating Disorders", "trauma and shame" and "Eating Disorder hell to recovered and well".

Body Peace is a non-profit conference. All proceeds from ticket sales go directly to meeting conference costs and to supporting those struggling with eating disorders through the work of Body Brave and NIED.

All tickets give participants access to live and pre-recorded sessions from Oct 4-6. Once you register, you will receive a link with all the information about how to access the conference and reminder emails. To register for Body Peace conference and for more info and prices, please visit <https://livingbodybrave.com/bodypeace>.

**Body Brave's** mission is to plan and deliver innovative local and national services that address the major gaps in resources for eating disorders, in collaboration with those with lived experience and our community partners. Body Brave also works to create a bold national recovery-focused, inclusive community, committed to body liberation as well as raising awareness and reducing stigma around disordered eating and/or eating disorders.

**NIED** is the voice for Canadian families, caregivers, and individuals who are affected by Eating Disorders and other co-morbid and concurrent diagnoses. NIED helps caregivers, patients, and practitioners fill gaps in care through education and by highlighting better practices in prevention, health promotion, and treatment.

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Awareness. Understanding. Action.