

# 1,000,000

## CANADIANS STRUGGLE WITH EATING DISORDERS...



that's almost the  
entire population  
of Saskatchewan.

### AND THAT'S WHY Eating Disorders Can't Afford to Wait

**nedic**

National Eating Disorder Information Centre

[www.nedic.ca](http://www.nedic.ca)

Toll-free helpline 1-866-633-4220 or 416-340-4156

**NIED**  
NATIONAL INITIATIVE FOR  
EATING DISORDERS  
[www.nied.ca](http://www.nied.ca)

Awareness. Understanding. Action.

[www.nied.ca](http://www.nied.ca)