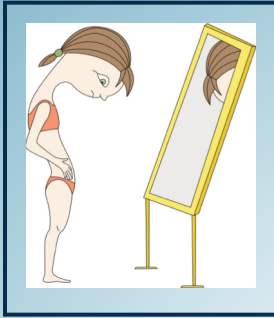


How do our beliefs about ourselves and others and our emotional experiences affect eating disorders?



Are you aged 18 yrs. and above?

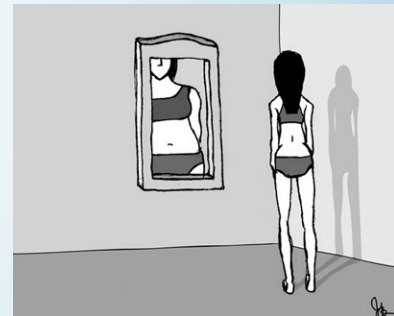
Are you concerned about your eating behaviours?

Do you have a current eating disorder diagnosis?

We are examining how beliefs developed in early childhood and adolescence, and one's emotional experiences might affect a person's eating attitudes, thoughts and behaviours?

If you are currently experiencing or recovering from an eating disorder, you are invited to participate in this online research study aimed at extending our understanding on the psychological factors underpinning eating disorders.

This study aims to assess the relationships between specific early maladaptive schemas (beliefs) and schema modes (a combination of beliefs and coping responses that are active at any moment) with specific eating disorder behaviours, such as restrictive



dieting, excessive exercise, binge eating and self-induced vomiting.

Participating would involve completing an anonymous online questionnaire. While this would take approx. 80-90 minutes to complete, you can take breaks as needed.

Your time and support is greatly appreciated.

To access the questionnaire and more information about this study:

http://www.deakin.edu.au/psychology/research/queenie_wu

This study has been approved by Deakin Research Ethics committee on 13/01/2015

(Project Code 2014-276)

Project recruitment time: 01/04/2015-01/04/2016

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